

Message from Great Mother

by Wendy Batchelor

Have you listened to your messages lately? Any calls from destiny? Any e-mails from the Heart? Is Great Mother trying to get through?

We are living in a world noisy with static that separates us from deeply listening. News of wars, weapons of mass destruction, destruction of the environment, economic crises, poverty and starvation, natural disasters, absorbs our attention and tells us that change is wrong or cannot happen. The world feels out of balance and we all too easily lose ours in that. Earth changes and upheavals leave us feeling powerless and despairing. Often times, we get angry and resist, or become depressed or sick. Might there be messages if we listened deeply to what is just below the surface of our consciousness amidst these changes?

We may discover that something new is pressing to the surface of our collective consciousness and demanding our attention. We may feel it as an urgency, or a stirring in the soul, or perhaps a yearning or magnetic pull in the heart, or a feeling that something is changing or needs to change inside us. We ask ourselves 'what is it?' We may long for it, be curious about it, even energized by it, or we may strongly resist it. It may be that things **are** changing in our lives and we are not comfortable with that. It may be a feeling that we are running out of time to do what we need to do. It may be a feeling that something vital is missing in our lives. And it is.

Conscious connection to Nature and Earth awareness through the 9th chakra has woken something in us, a 'felt sense' of the divine loving intelligence and wisdom behind and saturating all life. Spirit permeates the physical, Heaven and Earth are not separate but One, and we feel part of that Oneness. We sense the rhythms and flow in Nature, and within ourselves. We see that the Earth has Her checks and balances and gives us signs. If we look and listen with detachment, Nature shows us that change is constant movement that is natural and necessary. Our hearts can open to love, beauty, generosity and magnificence. Something in our soul is touched, and our own love for life is stirred. Life becomes precious, and we care about it. We are drawn into Nature's invisible embrace and balance. We draw close to our own natural self, its peace and happiness. We become aware of other ways of knowing and sensing, and intuition.

Through these processes in Nature, we have opened to an awareness of the Divine Feminine through our own feminine being. She is what is pressing into our consciousness. She is the yearning, and magnetic pull towards the unknown. She is the change waiting to happen. She is the co-creative energy creating through you. She is the urgency. She waits to express through you. She is the next step. The Divine Feminine, Great Mother, is re-surfacing on the planet, bringing heart's love and wisdom with Her.

She is the change that is happening and bringing balance to a world out of balance. Have you had any of the symptoms of the Divine Feminine re-surfacing and making contact? Have you heard any messages from Great Mother? Do you wonder what your own special message may be in this unfolding of evolution? Do you want to find out?

Through the ages and in many traditions today, the Divine Feminine was/is revered and called Great Mother, first Mother of all. She is the life-giving Mother Who **is** the Earth, Who is the impulse behind fertility, sexuality, and the generative forces, Who gives birth to each of us and knows who we are. She is the impulse behind change and the continuation of the cycles of life: birth, death and re-birth.

Great Mother/Divine Feminine has been largely forgotten in Western culture and we and our planet have suffered because of this forgetting. She has been downgraded and suppressed for many hundreds of years and made inferior to masculine thinking and rationalism and its denial and ignorance of the importance of heart-based Divine Feminine energy and its wisdom. At this time in our evolution, Great Mother is re-surfacing in our consciousness to bring balance and cooperation, compassion and love, and a remembering of who we are and our own divine natures.

If you are a yoga student or teacher, you are fortunate. You have benefited from the fact that Yoga has kept alive for thousands of years this wisdom of the balance of feminine and masculine energies for men and women, through its philosophy and practices. Integration of body, mind, heart and spirit is at the heart of yoga. It has kept alive the knowledge of invisible energy or 'prana' that sustains life and flows along pathways that are feminine and masculine when we breathe. Our connection to Nature is honoured through its focus on sun/moon (ha-tha), gravity, rhythms and flow of energy in nature, postures called after trees, animals, mountains. Gnana and meditation have kept alive ways of self-knowing and deep listening. Yoga has kept alive the 'felt' sense through breath and body awareness. Bhakti and karma yoga ensures the loving heart's access to the creative, wise and generous heart of the Divine Feminine.

Could it be time to step off the mat of what we already know, enlarge our reception and open our minds to the Feminine Unknown that is beckoning us? We could bring our knowledge and experience of the balance of feminine and masculine that our yoga has given us, and apply it to the next level of consciousness and expression of who we are. Wisdom, new knowledge, new skills, new ways of living and being are waiting in the Unknown, and our evolutionary selves are straining towards them. Consciousness of our relationship to the great heart and forgotten wisdoms of the Feminine (Who brings balance, healing, compassion, and peace), appears to be our next step in evolution. Our survival may depend on hearing Her messages of caring for the earth and each other.

The Dalai Lama tells us that "the world will be saved by the western woman"¹ leading the way forward in our evolution. Do you wonder that you, whether you are male or

female, may have a unique role in that? Could the Great Feminine be seeking expression through your life? What will be your next step towards finding out?

This journey to our own heart's wisdom and the heart of the Great Feminine is not just for some of us to make – it is for all of us to make. And at this time on our planet, it is essential that we do make it, for we all have a part to play at this time in our evolution. Sometimes our yearning is our soul's call, our wake up call. If you are reading this, you have already heard that call.

Wendy will be presenting at **Divine Feminine** on November 26-27, 2011, in Sydney. More information at www.enlightenedevents.com.au At Wendy's session you will learn how to connect deeply with the earth's energy and how to hear Messages from Great Mother.

¹. Vancouver Peace Summit, Sept 29, 2009